

A convenient way to access your benefits information

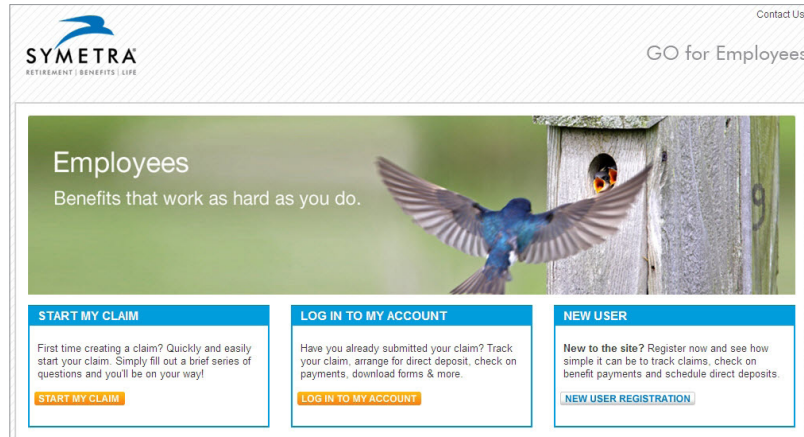
Group Disability Income Insurance

My Group Online (MyGO)

is a convenient, user-friendly online administration tool that allows you to securely access and manage your benefits information from your computer, tablet or smartphone.

By signing in to your MyGO account you can initiate claims, view claim details, payment status and much more.

Your account is available 24 hours a day, 7 days a week.



Visit www.symetra.com/MyGO to:

- Initiate disability claims
- Self-register to view claim status and payment details
- Send documents securely to our claims team
- Contact claims customer service
- Download forms and other helpful claims process information

MyGO is mobile friendly

Follow the instructions below for quick navigation on a mobile device.



iOS

1. Visit www.symetra.com/mygo from your mobile web browser
2. Touch the share button at the bottom of your browser
3. Select "Add to Home Screen"



Android

1. Visit www.symetra.com/mygo from your mobile web browser
2. Tap on the menu button
3. Select "Add to Home Screen"

For more information, contact your Human Resources representative.

www.symetra.com
www.symetra.com/ny

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