

**24/7
CARE**

Get Care Anytime, Anywhere with Teladoc

Teladoc provides you with 24/7 access to board-certified doctors and licensed healthcare professionals by phone or video. Use Teladoc for non-emergency conditions like colds, flu, allergies, skin issues, or when you need mental health support.

✓ Why Choose Teladoc?

- **Convenient:** Skip the waiting room—get care from home or on the go.
- **No Cost:** Teladoc is available at no cost for employees enrolled in a TerrAscend medical plan.

✓ How to Get Started:

Register Online:

- Go to www.teladochealth.com and click Register Now.
- **Fill in Your Details:**
- Enter your information.
- **Important:** Do NOT check the box that says, "I received a Teladoc Health code from my employer or insurance company."

Provide Insurance Information:

- When prompted, select your insurance provider: Meritain Health.
- Enter your Member ID (found on your medical ID card).

Download the App:

- Search for Teladoc Health in the Apple App Store or Google Play Store and download the app.

✓ Using Teladoc for the first time?

- **Convenient:** Skip the waiting room—get care from home or on the go.
- **No Cost:** Teladoc is available at no cost for employees enrolled in a TerrAscend medical plan.

Feel Better, Faster

**With Teladoc, you're just a
few clicks away from
expert care.**

 **TERRASCEND**



Get Started
www.teladochealth.com